

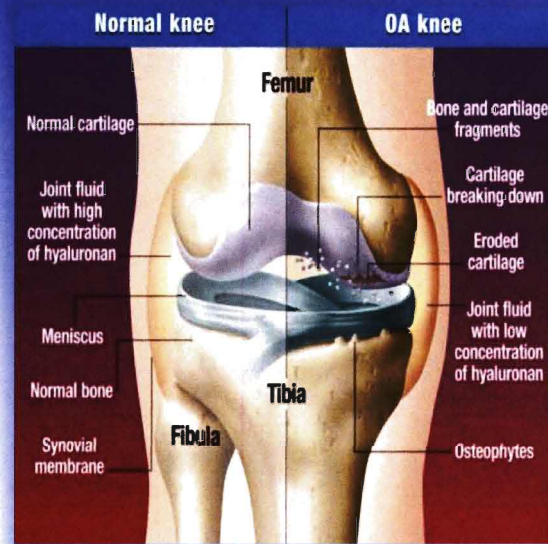
Painful Knees?

Give your knees the relief
they need



Hyaluronan (viscosupplementation) is indicated for the treatment of pain in the knee due to osteoarthritis, for patients who have failed to respond adequately to conservative treatment such as:

- Physical therapy
- Exercise
- Heat or cold
- Over-the-counter pain relievers



In knees with osteoarthritis, the cartilage, which protects the bones, gradually deteriorates, joint fluid loses its ability to absorb impact and bones may begin to rub against each other. Hyaluronan injections act as a supplement to lubricate and cushion your knee. This can provide up to 6 months of pain relief to the knees, however, results will vary from patient to patient.





What is Hyaluranon?

Hyaluronan is a natural substance found in synovial fluid of the body. It is found in large amounts in the joints and acts as a lubricant between bones. It also aids in absorbing shock from impact such as walking and/or running.

There are several versions of hyaluronan injections -- also called viscosupplementation -- that are used to treat knee osteoarthritis. They are injected directly into the joint.

Side Affects:

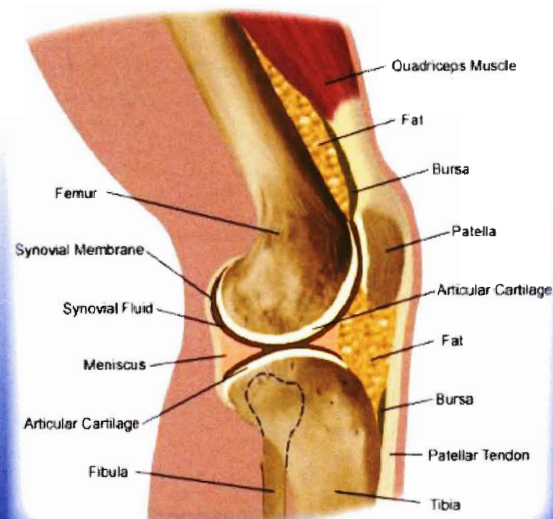
Most common side affects include, but are not limited to: pain, swelling, redness, heat and/or fluid build up around the knee. Anyone with skin or joint infections cannot have the injection. In addition, most varieties are made from processed chicken or rooster combs and should not be used in people with egg or poultry allergies.

Treatment

Treatment with hyaluronan injections to the knee ranges from a one-time injection to weekly injections for three weeks. Pain relief is usually achieved by four to 12 weeks, and the effect could last for up to several months.

After the Injection

In the first 48 hours after the injection you may resume normal activity, however should avoid strenuous activities such as running, jogging, lifting heavy items, and standing for long periods of time. It is recommended that you heat/ice your knee. You may also take an anti-inflammatory for 1-6 weeks after the injection.



Important Safety Information

Before trying a hyaluronan injection, tell your doctor if you have had an allergic reaction, such as swelling of the face, tongue or throat, respiratory difficulty, rash, itching, or hives due to treatment of any hyaluronan based product. Should not be given to patients with an infected knee joint, skin disease, or infection around the area where the injection will be given, or one who has circulatory problems in the legs.

Tell your doctor if you are allergic to products from birds such as feathers, eggs, or poultry, or if your leg is swollen or infected. You should also tell your doctor if you are pregnant or nursing.





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